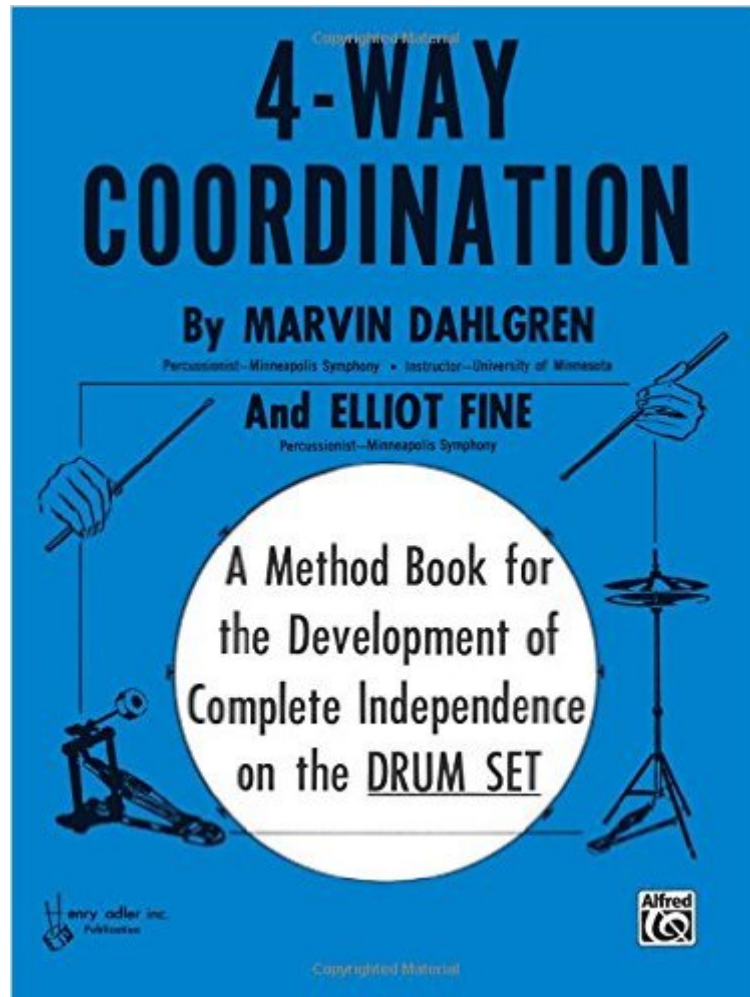


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# 4-Way Coordination: A Method Book For The Development Of Complete Independence On The Drum Set



## Synopsis

Proficiency as a drummer has always come from great hand dexterity. However, with the introduction of modern drumming techniques, it has become increasingly necessary to gain complete independence of both the hands and feet. With various rhythmic exercises in easy-to-read notation, 4-Way Coordination is designed to guide the drummer from simple patterns to advanced polyrhythms. Through the study of this method book, the student will gain invaluable listening skills and techniques that will provide insight to drumming in all styles.

## Book Information

Paperback: 56 pages

Publisher: Alfred Music (March 1, 1985)

Language: English

ISBN-10: 0769233708

ISBN-13: 978-0769233703

Product Dimensions: 0.2 x 9 x 12.2 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (86 customer reviews)

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## Customer Reviews

There are a few books that I believe belong in every drummer's library. The absolute essential books are Syncopation For the Modern Drummer, Stick Control and 4-Way Coordination. Of course there are many other great books out there such as New Breed, Accents and Rebounds and many others but these are essential. Why is 4-Way Coordination essential? Well, as far as fluidity on the drums this book has definitely helped me the most. By the time I worked through just the first page my skill level increased dramatically. It did take a few weeks to work through the first page, I didn't just blow through it so even though this book will elevate your skill level quickly, it still takes time to really work through each exercise. This book has helped me in all aspects of drumming. This book is focused on limb independence but the exercises will help you gain speed, off-hand development, control and fluidity. This is because each limb is exercised, the exercises don't favor one side or the other, you exercise both sides evenly. I have heard reviewers complain that the exercises in this

book don't have any groove to them. This is true, but this should not have a negative impact on the quality of this book. The purpose of this book is to gain limb independence and it definitely does that. There are plenty of books out there that teach crafty grooves, but this is not one of them and it doesn't try to be. If you can work through this entire book then you will be a MUCH better drummer, limb independence is definitely one of the keys to great drumming. Don't go in to this book expecting to learn crafty drum beats, but go in expecting you will gain so much limb independence that you will be much more creative behind the kit, which leads to crafty drum beats.

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